

JESUS-CENTERED
WEEKLY CHECK-IN
JOURNAL INSERT

WEEK OF:

Jesus, this week I'm thankful for:

Jesus, please highlight conversations, insights, and moments from this past week that you want me to revisit. What do you want me to notice/learn from them?

Reviewing the previous week, how have you grown? What are continued areas for growth?

>> I've grown by:

>> Areas for more growth are:

Jesus, is there anything you would change or revise about my focus or goals going into this new week?:

Jesus, what do you want me to cancel or remove for this next week?
What do you want me to add?"

Jesus, who can I pray for this week?

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