

Complete the following checklist before you set your goals and resolutions for 2019:

**Declutter your physical space**

*Pray: Jesus, thank you for guiding me as I create more space in my life. I pray that you would fill this space with your presence, and open up my heart to new things you have for me in this coming year.*

**Declutter your heart**

*Pray: Jesus, show me any resentment or unforgiveness that I'm holding on to, and help me to let go. I choose to walk in forgiveness, for myself and for others. Heal my heart from pain and hurt as I move into the new year.*

**Declutter your thoughts**, especially as they relate to your goals and resolutions. Write down all the things you'd like to accomplish, and the dreams in your heart.

*Pray: Jesus, I bring these hopes, goals, and dreams to you and surrender them. You know my heart, and I choose to trust you with my life. I let go of my expectations, and even my ideas about what to pursue, and pray that you would guide me toward your best for me. Help me be open to your plans.*